



Bruyère Health Memory Clinic



About Bruyère Health

Bruyère Health is Eastern Ontario's leading health organization specializing in aging, rehabilitation, and care for those with multiple complex medical conditions. We bring together compassionate, person-centred care with world-class research to maximize quality of life for those we care for and their loved ones.

Bruyère Health has a proven history of addressing gaps in our health system with compassion, innovation, and courage. Today, as an academic health sciences centre, we are training the next generation of health professionals to see—and take action on —creating a better health system for all.



Bruyère Health Memory Clinic

The Bruyère Health Memory Clinic is Eastern Ontario's only dedicated medical clinic specializing in the assessment, diagnosis, and treatment of cognitive impairment, dementia, and Alzheimer's disease.

It is located at Bruyère Health's Market site and has a satellite clinic at the Aline-Chrétien Health Hub in Orléans.

We provide:

- diagnosis
- treatment/management of dementia
- referral to community support services

Our health care team includes:

- nurses
- physicians
- neuropsychologists

Your first visit:

You will meet with a nurse who will:

- ask you a number of questions to fully understand your symptoms and memory concerns
- conduct brief screening tests to evaluate your current abilities

The time needed for this first visit ranges from 45 to 75 minutes.



Most often, the next visit is with a physician who will:

- obtain a detailed medical history and review symptoms
- perform additional cognitive tests and a physical examination
- review test results and discuss further ones that may be required
- discuss the potential diagnosis, treatment options, and next steps
- review the impact on daily functioning and safety including driving

The time needed for the physician visit ranges from 90 to 120 minutes. We may also:

- refer you to other community services that can provide ongoing assistance and support
- offer an assessment with the neuropsychologist for a more detailed evaluation



Questionnaire - please complete and return

Attached is a questionnaire about your personal and medical history to complete and return to us in the envelope provided.

If you cannot answer all the questions, you may ask for help from family members or your family physician.

Research

We study new and better treatments, procedures, and ways to improve the lives of people who are experiencing memory loss, dementia, and Alzheimer's disease.

Talk to us about signing up for our research registry or fill out the yellow form provided.



Your appointment is booked for

Date:

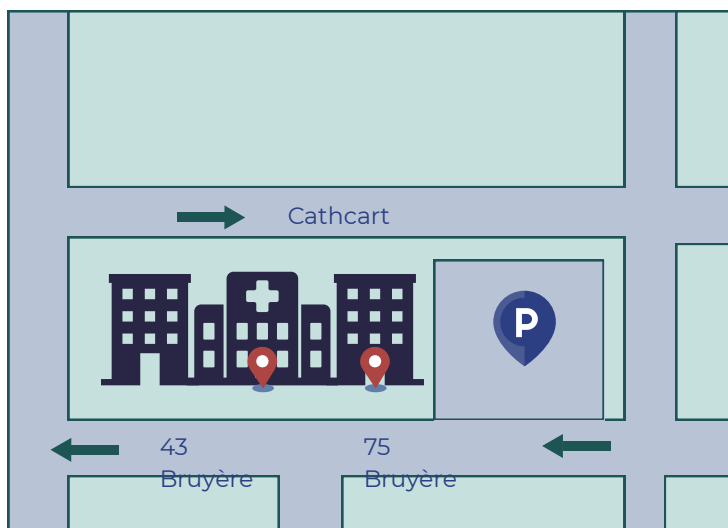
Time:

75 Bruyère St, Suite 110Y

When you arrive, please enter in the door under a canopy, next to the parking lot. Once inside, press 1 in the elevator to reach out clinic on the first floor.

Please remember:

- Bring your health card
- Share your current list of medications with us
- Come accompanied by a family member or loved one





Details

Bruyère Health Memory Clinic

75 Bruyère St, Suite 110Y

Ottawa, ON, K1N 5C9

Tel: 613-562-6322

Fax: 613-562-6013

Office hours: 8 a.m. to 4 p.m.



www.bruyere.org



[@bruyerehealth](https://www.instagram.com/bruyerehealth)



Notes

